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CLEAR LIQUID DIET

- Clear Broth
- Bouillon
- Carbonated Beverages (Sprite, 7-Up, Ginger Ale)
- Coffee, Regular or Decaffeinated
- Clear Fruit Juices (Pulp free)
- Jell-O or other Gelatins
- Popsicles
- Tea, Regular or Decaffeinated
- Gatorade or other Sports Drinks

Avoid CREAM SOUPS OR ANY LIQUID WITH PULP

Avoid DAIRY PRODUCTS, ICE CREAM OR SHERBERT

Avoid RED COLORS

Please follow this strict clear liquid diet. Any alterations may interfere with your scheduled procedure or plan of treatment